

Help protect our antibiotic lifeline.

Antibiotics fight bacteria, not viruses. Taking antibiotics for viral infections, like colds and flu, makes bacteria resistant to the medicine. Treat colds and flu with rest, liquids, and over-the-counter medicines. Get immunized and wash your hands often, especially after coughing and sneezing. Help stop antibiotic resistance. Together we can protect our antibiotic lifeline.

MARR
Michigan Antibiotic Resistance Reduction Coalition
Protecting our antibiotic lifeline.

www.mi-marr.org